

CONCISE CURRICULUM VITAE  
Athanasios Kyrgidis MD, DDS, BOpt, MSc



PERSONAL DETAILS:

Surname: Kyrgidis  
Name: Athanasios  
Gender: Male  
Date of Birth: 10<sup>th</sup> September 1975  
Place of Birth: Thessaloniki  
Nationality: Hellenic  
Marital status: Married to Galimani Georgia, Barrister MSc(EU Law)  
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**Professional  
Activities:**

**Military Service**

**May 2003 - May 2004**

I have completed my military duties in the Greek Special Forces (Unorthodox Warfare Training Center, Rentina, Thessaloniki, Greece). During my service, my main responsibility was to provide medical services to the Hellenic special forces staff and to participate in rescue operations. Furthermore, I was responsible for teaching basic life support and combat first aid to Greek and foreign special forces officers.

**Residency in Surgery**, Kavala District General Hospital, Kavala, Greece  
September 2005 - February 2006

**Residency in Maxillofacial Surgical Oncology**, Theagenio Cancer Hospital, Thessaloniki, Greece.  
May 2007 - December 2007

**Residency in Maxillofacial Surgery**, G. Papanikolaou General Hospital, Thessaloniki, Greece.  
December 2007 – December 2011. Qualified as an Oral Maxillofacial Surgeon on 19<sup>th</sup> December 2011.

Present Appointment December 2011 – Up Today  
Temporary Consultant Oral & Maxillofacial Surgery  
G. Papanikolaou General Hospital, Thessaloniki, Greece.  
University Department of Maxillofacial Surgery. Head: Prof. K. Antoniadis

Membership of Societies

- Medical Association of Thessaloniki, Greece
- Greek Society of Oral & Maxillofacial Surgeons
- Greek Society of Cancer Research
- European Association for Cranio-Maxillo-Facial Surgery
- American Society of Clinical Oncology

## **Academic Qualifications:**

General Education

September 1987 – June 1993:  
The 5th High School of Ampelokipi, Thessaloniki, Greece  
Graduated from High School with the following qualifications:  
Grade A (Excellent) in all subjects (19,0 out of 20,0)

Education:

### **Bachelor of Optometry and Optics**

September 1993 - June 1997

Technical School of Highest Education of Athens, Faculty of Health, Department of Optics.  
Graduated from the Department of Optics in June 1997 (8,50 out of 10,00).

### **Degree of Medicine**

March 1998–July 2002:

Aristotle University of Thessaloniki, School of Medicine

Clinical Years (Years 3-6): September 2000-July 2002 Completed attachments in 14 different medical and surgical firms.

Graduated from School of Medicine in July 2002, with a Degree in Medicine (8,27 out of 10,00).

### **Degree of Dentistry**

March 2003 – April 2009:

Aristotle University of Thessaloniki, School of Dentistry

Clinical Years (Years 3-5): September 2004 - March 2007

Graduated from School of Medicine in April 2009, with a Degree in Dentistry (7,52 out of 10,00).

### **MSc in Medical Research Methodology**

October 2006 – July 2008:

Aristotle's University of Thessaloniki, School of Medicine

Direction of Clinical Research

Graduated from Medical School in July 2002, with a Degree in Medicine (9,71 out of 10,00).

### **PhD Student**

September 2008 – todate

Aristotle's University of Thessaloniki, School of Medicine

## **Research Activities:**

Courses/  
Conferences/ Meetings  
Attended

Attended over 20 Greek and International Congresses

Chair in scientific meetings

14<sup>th</sup> Conference of the Greek Society of Oto-Rhino-Laryncology Head & Neck Surgery, November 2007

Member in Scientific Committees	Member of the Institutional Review Board, School of Medicine, Aristotle University of Thessaloniki
Teaching Experience	<ul style="list-style-type: none"> <li>• First aid and combat rescue, Hellenic Armed Forces Unorthodox Warfare Training Center</li> <li>• Medical Information Digital Management, Aristotle University of Thessaloniki, School of Medicine, Post-Graduate Master in Medical Research Methodology</li> <li>• Clinical Trials Conduct, Aristotle University of Thessaloniki, School of Medicine, Post-Graduate Master in Medical Research Methodology</li> <li>• Clinical Diet &amp; Health, Aristotle University of Thessaloniki, School of Medicine, Under-Graduate Medicine Program</li> </ul>
Reviewer for peer reviewed journals	<ul style="list-style-type: none"> <li>• <i>Peer reviewed for over 50 different Journal titles, with various Ijs ranging from 0,3 to 14,7</i></li> </ul>
Editorial Board Member in peer reviewed Journals	<ul style="list-style-type: none"> <li>• <i>Hippokratia</i> (English - Lithographia publications, available in PubMed Central), IF=0,7</li> <li>• <i>Journal of Carcinogenesis, MedKnow Publisher, IF=2,2</i></li> <li>• <i>Journal of Medicine and Medical Sciences</i>, International Research Journals</li> </ul>
Future Research	<ul style="list-style-type: none"> <li>• Ongoing projects in the fields of <b>Multiple Myeloma, Breast Cancer, Prostate Cancer, Head &amp; Neck Cancer and Skin Cancer</b> in cooperation with Theagenio Cancer Hospital.</li> <li>• Ongoing project in the field of <b>maxillofacial traumatology</b> in cooperation with Aristotle University Department of Maxillofacial Surgery</li> <li>• Ongoing project in the fields of <b>Head &amp; Neck Cancer</b> in cooperation with Aristotle University 1<sup>st</sup> Department of Oto-Rhino-Laryncology Head &amp; Neck Surgery.</li> </ul>
<b>Language Skills:</b>	<ul style="list-style-type: none"> <li>• Greek (native)</li> <li>• English (Cambridge Proficiency Examination, 1996)</li> </ul>

### **Publications/citations:**

Announcements in Greek Medical Meetings	Over 100 announcements in Greek Medical Societies Meetings
Announcements in English Medical Meetings	Over 30 announcements in International Medical Societies Meetings
Book Chapters	<ol style="list-style-type: none"> <li>1. Kyrgidis A. Risk Factors for Non-Melanoma Skin Cancer. In: Evidence Based Dermatology. Maibach H, Gorouchi F, editors 2nd ed: PMH Publishers USA; 2010. p. in press.</li> <li>2. Kyrgidis A, Triaridis S, Constantinides J, et al. Current Research in Quality of Life in Head and Neck Cancer. In: Current Research in Cancer 3, 2009. Mandell S, Hu TL, Williams R, Olive D, editors. Trivandrum: Research Media; 2009. p. 29-42.</li> <li>3. Kyrgidis A, Antoniadis K. Oral cancer : biomarkers, hallmarks, stem cell origin, and clinical implications. In: Cancer biomarkers. Kristoff HC, editor. Hauppauge, N.Y.: Nova Science Publishers; 2010.</li> </ol>
Author Overview (Scopus, 26-8-2011)	<b>h-index = 9</b>
Published articles in Greek peer reviewed journals	<b>Number of Citations = 287</b>
Published articles in English peer reviewed journals (Scopus)	Four articles published. <ol style="list-style-type: none"> <li>1. Kyrgidis A, Kountouras J, Zavos C et al. New molecular concepts of Barrett's esophagus: Clinical implications and biomarkers. <i>Journal of Surgical Research</i> 2005;125:189.</li> <li>2. Chatzopoulos D, Kyrgidis A, Kountouras J et al. Bax upregulation may provide a rationale for the low incidence of esophageal adenocarcinoma in a Greek cohort of patients with Barrett's esophagus. <i>Hepato-Gastroenterology</i> 2007;54:705.</li> <li>3. Kyrgidis A, Andreadis C. Clinical characterization might help in preventing osteonecrosis</li> </ol>

- of the jaw. *Clinical Cancer Research* 2008;14:8321.
4. Kyrgidis A, Barbas A. Osteonecrosis of the Jaw Among Bisphosphonate Users. *American Journal of Medicine* 2008;121:
  5. Kyrgidis A, Vahtsevanos K, Koloutsos G et al. Bisphosphonate-related osteonecrosis of the jaws: A case-control study of risk factors in breast cancer patients. *Journal of Clinical Oncology* 2008;26:4634.
  6. Tzellos T, Klagas I, Papakonstantinou E et al. Differential expression of matrix metalloproteinases 2 and 9 in basal cell carcinoma, photo-exposed and photo-protected skin. *Review of Clinical Pharmacology and Pharmacokinetics, International Edition* 2008;22:358.
  7. Kyrgidis A. Denosumab, osteoporosis, and prevention of fractures. *N Engl J Med* 2009;361:2189.
  8. Kyrgidis A. Novel Hypotheses in the Etiopathogenesis of Bisphosphonate-Related Osteonecrosis of the Jaws. *Journal of Oral and Maxillofacial Surgery* 2009;67:2554.
  9. Kyrgidis A, Andreadis C. Epidemiologic studies are needed to clarify whether dental modalities could be predictors of bisphosphonate osteonecrosis of the jaw in breast cancer patients. *Oncologist* 2009;14:101.
  10. Kyrgidis A, Andreadis C. Bisphosphonate osteonecrosis of the jaws in cancer patients. *Breast* 2009;18:335.
  11. Kyrgidis A, Andreadis C, Vahtsevanos K. Breast cancer and risk factors for bisphosphonate-related osteonecrosis of the jaws. *American Journal of Hematology/ Oncology* 2009;8:
  12. Kyrgidis A, Antoniadis K. Bisphosphonate related osteonecrosis of the jaw. A systematic review of novel evidence and proposal of treatment protocols. *Hellenic Arch Oral Maxillofac Surg* 2009;1:3.
  13. Kyrgidis A, Koloutsos G, Vahtsevanos K. Treatment protocols of bisphosphonate-related osteonecrosis of the jaws. *Head and Neck* 2009;31:1112.
  14. Kyrgidis A, Printza A. Evaluation of heartburn and hoarseness with the Reflux Symptom Index. *Otolaryngology - Head and Neck Surgery* 2009;141:796.
  15. Kyrgidis A, Teleioudis Z, Vahtsevanos K. Re: Christian Walter, Bilal Al-Nawas, Knut A. Grotz, et al. Prevalence and Risk Factors of Bisphosphonate Associated Osteonecrosis of the Jaw in Prostate Cancer Patients with Advanced Disease Treated with Zoledronate. *Eur Urol. Eur Urol* 2009;55:e72.
  16. Kyrgidis A, Triaridis S. Regular dental check-ups could be of benefit for patients receiving intravenous bisphosphonates. Regarding 'risks and benefits of bisphosphonates'. *British Journal of Cancer* 2009;100:670.
  17. Kyrgidis A, Triaridis S. Comment on: Bony changes in the jaws of rats treated with zoledronic acid and dexamethasone before dental extractions mimic bisphosphonate-related osteonecrosis in cancer patients. *Oral Oncology* 2009;45:
  18. Kyrgidis A, Triaridis S, Antoniadis K. Effects of bisphosphonates on keratinocytes and fibroblasts may have a role in the development of osteonecrosis of the jaw. *Bioscience Hypotheses* 2009;2:153.
  19. Kyrgidis A, Triaridis S, Vahtsevanos K. New evidence on bisphosphonate related osteonecrosis of the jaws suggests dental referral prior to commencement of treatment. *Hippokratia* 2009;13:64.
  20. Kyrgidis A, Triaridis S, Vahtsevanos K et al. Osteonecrosis of the jaw and bisphosphonate use in breast cancer patients. *Expert Review of Anticancer Therapy* 2009;9:1125.
  21. Kyrgidis A, Vahtsevanos K. Osteonecrosis of the jaw. *J Am Dent Assoc* 2009;140:1216.
  22. Kyrgidis A, Vahtsevanos K. Letter to the editor: Novel evidence on bisphosphonate related osteonecrosis of the jaws suggests tooth extractions and overdentures as risk factors. *Medicina Oral, Patologia Oral y Cirugia Bucal* 2009;14:E1.
  23. Kyrgidis A, Vahtsevanos K. Increased Risk for Bisphosphonate-Related Osteonecrosis of the Jaws in Patients Wearing Dentures Could be Attributable to Impaired Mucosal Cell Wound Healing. *Journal of Oral and Maxillofacial Surgery* 2009;67:1355.
  24. Kyrgidis A, Vahtsevanos K. A safe modality. *British Dental Journal* 2009;206:561.
  25. Kyrgidis A, Vahtsevanos K. Risk Factors for Bisphosphonate-Related Osteonecrosis of the Jaws. *Journal of Oral and Maxillofacial Surgery* 2009;67:2553.
  26. Kyrgidis A, Vahtsevanos K. "Fatigue" having a role in the pathogenesis of osteonecrosis of the jaws. *Clinical Oral Investigations* 2009;13:479.
  27. Tzellos TG, Klagas I, Vahtsevanos K et al. Extrinsic ageing in the human skin is

- associated with alterations in the expression of hyaluronic acid and its metabolizing enzymes. *Exp Dermatol* 2009;
28. Vahtsevanos K, Kyrgidis A, Verrou E et al. Longitudinal cohort study of risk factors in cancer patients of bisphosphonate-related osteonecrosis of the jaw. *J Clin Oncol* 2009;27:5356.
  29. Kotsovolis G, Komninos G, Kyrgidis A et al. Preoperative withdrawal of antiplatelet treatment in lower limb vascular patients prior to surgical management under epidural or spinal anaesthesia: An evidence based approach and systematic review. *International Angiology* 2010;29:475.
  30. Kyrgidis A. Bisphosphonate-related osteonecrosis of the jaw in randomized clinical trials. *Breast Cancer Research and Treatment* 2010;119:253.
  31. Kyrgidis A, Arora A, Lyroudia K et al. Root canal therapy for the prevention of osteonecrosis of the jaws: An evidence-based clinical update. *Australian Endodontic Journal* 2010;36:130.
  32. Kyrgidis A, Koloutsos G, Vahtsevanos K. Dental Extractions in Patients Receiving Bisphosphonate Therapy. *Journal of Oral and Maxillofacial Surgery* 2010;68:1704.
  33. Kyrgidis A, Teleioudis Z, Vahtsevanos K. The role of dental hygienist in the prevention of osteonecrosis of the jaw in patients wearing dentures. *International journal of dental hygiene* 2010;8:154.
  34. Kyrgidis A, Toulis K. Safety and efficacy of denosumab in giant-cell tumour of bone. *The Lancet Oncology* 2010;11:513.
  35. Kyrgidis A, Triaridis S. Methods and Biostatistics: a concise guide for peer reviewers. *Hippokratia* 2010;14:13.
  36. Kyrgidis A, Tzellos TG, Kechagias N et al. Cutaneous squamous cell carcinoma (SCC) of the head and neck: Risk factors of overall and recurrence-free survival. *European Journal of Cancer* 2010;46:1563.
  37. Kyrgidis A, Tzellos TG, Triaridis S. Melanoma: Stem cells, sun exposure and hallmarks for carcinogenesis, molecular concepts and future clinical implications. *Journal of Carcinogenesis* 2010;9:
  38. Kyrgidis A, Tzellos TG, Vahtsevanos K et al. New Concepts for Basal Cell Carcinoma. Demographic, Clinical, Histological Risk Factors, and Biomarkers. A Systematic Review of Evidence Regarding Risk for Tumor Development, Susceptibility for Second Primary and Recurrence. *Journal of Surgical Research* 2010;159:545.
  39. Kyrgidis A, Vahtsevanos K. Osteonecrosis of the jaw in patients receiving oral bisphosphonates. *Osteoporosis International* 2010;21:535.
  40. Kyrgidis A, Vahtsevanos K, Tzellos TG et al. Clinical, histological and demographic predictors for recurrence and second primary tumours of head and neck basal cell carcinoma. A 1062 patient-cohort study from a tertiary cancer referral hospital. *European Journal of Dermatology* 2010;20:276.
  41. Kyrgidis A, Verrou E. Fatigue in bone: A novel phenomenon attributable to bisphosphonate use. *Bone* 2010;46:556.
  42. Kyrgidis A, Verrou E, Kitikidou K et al. Reply to I. Abraham. *Journal of Clinical Oncology* 2010;28:e145.
  43. Triaridis S, Kyrgidis A. Peer review and journal impact factor: the two pillars of contemporary medical publishing. *Hippokratia* 2010;14:5.
  44. Tzellos T, Sinopidis X, Vahtsevanos K et al. Differential expression of preteoglycans in intrinsic and extrinsic skin ageing. *Review of Clinical Pharmacology and Pharmacokinetics, International Edition* 2010;24:115.
  45. Banikas V, Kyrgidis A, Koloutsos G et al. Branchial cyst carcinoma revisited: Stem cells, dormancy and malignant transformation. *Journal of Craniofacial Surgery* 2011;22:918.
  46. Kondylidou-Sidira A, Kyrgidis A, Antoniadis H et al. Ossifying fibromyxoid tumor of head and neck region: Case report and systematic review of literature. *Journal of Oral and Maxillofacial Surgery* 2011;69:1355.
  47. Kyrgidis A, Antoniadis K. Could teriparatide be the treatment for osteonecrosis of the jaws? *Head Neck* 2011;33:1382.
  48. Kyrgidis A, Arora A, Antoniadis K. Rubber dam clamp trauma, root canal therapy, and osteonecrosis of the jaw. *Journal of Oral and Maxillofacial Surgery* 2011;69:1854.
  49. Kyrgidis A, Toulis KA. Denosumab-related osteonecrosis of the jaws. *Osteoporosis International* 2011;22:369.
  50. Kyrgidis A, Triaridis S. Facelift approach in benign parotid surgery, Frey syndrome, and

- total superficial parotidectomy. *J Oral Maxillofac Surg* 2011;69:2486.
51. Kyrgidis A, Tzellos TG. Safety and efficacy of zoledronic acid in multiple myeloma. *The Lancet* 2011;377:2177.
52. Kyrgidis A, Tzellos TG, Toulis K et al. The facial skeleton in patients with osteoporosis: a field for disease signs and treatment complications. *J Osteoporos* 2011;2011:147689.
53. Kyrgidis A, Vahtsevanos K. Bisphosphonate-related osteonecrosis of the jaws: A review of 34 cases and evaluation of risk. *Journal of Cranio-Maxillofacial Surgery* 2011;39:271.
54. Kyrgidis A, Valasidis A, Bourlidou E et al. Better targeting melanoma: Options beyond surgery and conventional chemotherapy. *Recent Patents on Endocrine, Metabolic and Immune Drug Discovery* 2011;5:147.
55. Printza A, Kyrgidis A, Oikonomidou E et al. Assessing Laryngopharyngeal Reflux Symptoms with the Reflux Symptom Index: Validation and Prevalence in the Greek Population. *Otolaryngol Head Neck Surg* 2011;
56. Tzellos T, Kyrgidis A, Toulis K. Biologic therapies for chronic plaque psoriasis and cardiovascular events. *JAMA* 2011;306:2095; author reply 2095.
57. Tzellos TG, Kyrgidis A, Vahtsevanos K et al. Nodular basal cell carcinoma is associated with increased hyaluronan homeostasis. *Journal of the European Academy of Dermatology and Venereology* 2011;25:679.
58. Tzellos TG, Sinopidis X, Kyrgidis A et al. Differential hyaluronan homeostasis and expression of proteoglycans in juvenile and adult human skin. *Journal of Dermatological Science* 2011;61:69.
59. Lallas A, Kyrgidis A, Tzellos TG et al. Accuracy of dermoscopic criteria for the diagnosis of psoriasis, dermatitis, lichen planus and pityriasis rosea. *Br J Dermatol* 2012;